



# Spirit of The Banda

Friday 24th February 2023

## A WORD FROM THE DEPUTY HEAD

We have seen a wonderful assortment of costumes and characters all around the school today as we come to the end of our Book Week. Pupils have enjoyed visits from authors, door decorating competitions, pop up libraries and the three bells ringing enabling them to 'Drop Everything and Read'! We are very grateful to Katie Thwaites for all she has done to organise this week. Hopefully this celebration of books will lead to some reading at home this weekend...

We were very proud of the members of our Lower School Choir who performed at the Braeburn Music Festival on Wednesday, and tomorrow we will be enjoying further singing performances from those entering the Banda Vocal Festival – we wish them all the best of luck.

I wish you all a good weekend and I hope that our busy parents also find time to put up their feet and enjoy a good book!

**Lucy Haywood**



See Week 8 events overleaf.

Follow us on:



# A VISIT TO BLUEBELLS

*Mr Foster*

Over Half Term, I was lucky enough to visit Bluebells School in Watamu. Susie Parkinson had recently visited The Banda to give an assembly on the school and thank us for our donation of computers to the school. With some spare time in Half Term, I offered to run a sports session for their pupils. The 120 pupils offered me the warmest of welcomes and were incredibly enthusiastic and grateful for a fun hour and half of sport. Much like our games sessions at The Banda, the children worked very hard and got the most out of the session. It is incredible to see how a school and children of such a different background and level of opportunity are so similar. They have the same willingness to do well, learn and ambitions. Their school values are even the same as The Banda. It was amazing to offer something different for their children yet learn so much from them too in the form of joy, appreciation and gratefulness. We also gave some cones, balls and whistles to the school to further aid them with their sports sessions.



## BEYOND BANDA BORDERS

Here is a thank you email to The Banda from Benson of Mahali Pa Watoto which was sent after their visit to The Banda. This was part of The Banda Flight program, 'Beyond Banda Borders'.

Dear Meriel & Victor

Thank you very much for choosing MPW and for having us over for the various activities. The children enjoyed the bus ride as well as the new environment, activities and snacks. You must have noticed their joy as they walked around in a big school. My special thanks to the Banda School boys and girls for their hosting and interest in the children of MPW. My thanks as well goes to the drivers for picking us and dropping us back safely. Much blessings.





# BOOK WEEK

















## YEAR 8

In Art, Year 8 pupils experimented with stop motion.



## YEAR 7

6.5 million people in the world believe that the Earth is flat. In Year 7 RPE, we discussed how they would approach a conversation with a 'flatearther' and what questions they would ask them.





## YEAR 6

Pupils in Year 6 tried their hand at tiedyeing this week in DT. Some involve rouching, some marbling and some a swirl. They are folded, twisted and tied with elastic bands and then dipped in dyed. Everyone was excited to see their results.



In Art, the children painted expressive paintings to music.





## YEAR 5

Before Half Term, the Year 5 History classes all gathered together to stage a reenactment of the Battle of Hastings. The pupils had worked extremely hard all term learning about the battle and had great fun taking part. Their homemade shields provided great colour and creativity to the reenactment. The result of the battle remained the same with the Normans winning after a lucky arrow took out the Saxon King. Thankfully, unlike the real battle, no one lost a limb!



Year 5 did their sewing machine driving test this week in DT. They had to learn to turn corners and curves making sure they had good control.





# LOWER SCHOOL - YEAR 4

In Science, the children created simple circuits. Year 4 also attended a super and interactive workshop with author, Ginny Larby. Here are children miming actions as part of a task to develop character development. Can you guess what is being mimed? Finally, Charlie started writing his own book for Book Week.





## YEAR 3

Spelling is so much fun when we get to go outside and gather sticks, leaves and whatever else we think will work to practise our weekly words. We worked in partners to 'write' our words! The classroom was a bit of a mess, but it was worth it because now we are all going to get 10/10 in our spelling test!



This week we have started to read different Ancient Greek myths. We reviewed the features of a myth and then worked in groups to create different parts of a class myth. Teamwork at its greatest in Literacy.





## YEAR 2

This week Science was all about healthy eating. We discussed what is meant by a balanced meal and explored different foods. The children learnt about the different food groups and discussed how each food group is required for a balanced meal. We then went on to sample a variety of different foods from the different groups.





# ART CLUB

This week during Art club we were inspired to create these dots after listening to the story 'The Dot'. In the story we learnt that we should believe in ourselves and be proud of what we create. Even if we find something hard, we should make a mark and see where it takes us... that's exactly what we did!



## YEAR 1

We have thoroughly enjoyed Book Week in Year 1. Tracey Thomas, a children's book author graced one of our reading sessions by reading to the children one of her very own books, Karura at Night! It is a special book about the forest that teaches children about the vast biodiversity of animals that live in Karura Forest.





# PEGASUS EARLY YEARS RECEPTION

The journey of coding begins here. Our Reception children are working with beebots amongst other tools to understand the importance of sequence and giving clear instructions to a computer.



## NURSERY 2

In Art, we created natural representational pictures using things we found in the garden such as flowers, rocks, petals and sticks.





# NURSERY 1

In Nursery 1 we are working on 'teamwork' by cooking together and learning how to do things by ourselves. We appreciate that we have different fruit preferences and this is helping us get interested in trying new fruits.



## RISING STARS

As we learn about juicy fruits, The Rising Stars explore different fruits from our little greengrocer!





# WEEK 8 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**MORNING BREAK**

**LUNCH:**

**SOUP**

**MAINS**

**VEGGIE**

**SIDES**

**DESSERT  
MAIN SCHOOL**

**DESSERT  
PEY**

Pinwheel Cookies & Fresh Fruit

Veggie Monday

Cheese & Tomato Subs

Olive, Tomato & Basil Bruschetta (Gluten Free)

Baked beans in Tomato Sauce  
Corn on the Cob  
Salad Bar

Cake & Custard  
Fresh Fruit

Cake & Custard  
Fresh Fruit

Cheese Sandwiches & Fresh Fruit

Bangers(Pork/Beef) & Mash  
Gluten Free Pork & Apple Sausages

Vegetable Cutlets

Gravy  
Carrots & French Beans  
Parsley Potatoes (PEY)

Yogurt & Fresh Fruit Platter

Yogurt & Fresh Fruit Platter

Lemon Cake & Fresh Fruit

Stir Fry Chicken & Vegetables

Stir Fry Tofu & Vegetables

Noodles  
Rice Noodles

Apple Flan  
Fresh Fruit

Apple Flan  
Fresh Fruit

Focaccia & Fresh Fruit

Butternut & Carrot Soup

Beef in Mild Curry

Chickpea in Mildly Spiced Curry

Seasonal Vegetables  
Brown Rice

Ice Cream & Fresh Fruit

Yogurt & Honey  
Fresh Fruit

Vanilla Cookies & Fresh Fruit

Sandwich Bar with Roast Meats

Sandwich Bar

Paneer &Vegetable Curry with Rice (PEY)

Selection of Salads

Yogurt & Fresh Fruit Platter

Fresh Fruit

**SALAD BAR** - an assortment of salads are served Monday to Thursday

Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Quinoa, Grated Cheese, Grated Carrots, Couscous, Two Beans Salad, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado

**DRESSINGS** - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal



# BREAD AND BUTTER PUDDING

*Mala's*  
KITCHEN



## Ingredients

- 6 slices white bread
- 5 tablespoons soft unsalted butter
- ½ cup sultanas
- ¼ cup chocolate chips
- ¼ cup castor sugar
- 2 large eggs
- 2 ½ cups cold milk

## Method

- Place the bread slices on a board and spread a thick layer of butter
- Cut the slices into 4 triangular pieces and keep aside
- Beat the eggs well and pour into cold milk. Mix well and keep aside
- Grease an ovenproof dish with butter and place one layer of buttered bread slices, sprinkle, sultanas, chocolate chips and sugar, repeat the layers same way till all bread slices are used up
- Pour the egg and milk mixture evenly and leave to stand for 15 minutes
- Bake in medium hot oven for 30 minutes or until top is golden brown and crisp

*Serve hot with custard*



# NOTICE BOARD



## UK Boarding Schools Fairs Nairobi - February 2023

*You're  
Invited!*

Saturday  
25 February 2023

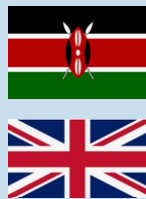
10am - 4pm  
The Hub, Karen

Sunday  
26 February 2023

10am - 2pm  
Shamba Café, Loresho



**FREE ENTRY**  
to both events



Your exclusive opportunity to meet and chat informally to our experts and Heads/Admissions staff from top UK Boarding Schools.

- ACS Cobham
- Bedes
- Bootham School
- Campbell College
- Cheltenham Ladies' College
- Culford
- David Game College
- Dukes Education
- Kent College
- Kingsley School
- King's College, Taunton
- Millfield
- The National Mathematics and Science College
- Nord Anglia
- St. Lawrence College
- Sherborne Boy's
- Sherborne Girls'
- TASIS
- Taunton School

**BOOK NOW!**

Email us to confirm your place



[hello@pairededucation.co.uk](mailto:hello@pairededucation.co.uk)



[www.pairededucation.co.uk](http://www.pairededucation.co.uk)



# NOTICE BOARD



SHERBORNE  
GIRLS 

SHERBORNE 

## SHERBORNE SCHOOLS VISIT THE BANDA SCHOOL

Our Heads, Dr Dominic Luckett (Sherborne School) and Dr Ruth Sullivan (Sherborne Girls) will be visiting The Banda School on **Monday 27 February 2023** from **10.00am** and would be delighted to meet parents over refreshments, and to discuss the opportunities available to you at our Schools.

To arrange a 1-1 meeting with either or both Heads, please contact [admissions@sherborne.org](mailto:admissions@sherborne.org).

Sherborne Schools will also be hosting **Afternoon Tea at Hemingways** on **Sunday 26 February 2023** from **4.00pm – 6.00pm**. Please RSVP to [admissions@sherborne.org](mailto:admissions@sherborne.org) if you would like to join us.

[sherborne.com](http://sherborne.com)

[sherborne.org](http://sherborne.org)

## RECYCLE YOUR T-SHIRTS!



Year 4 are doing an upcycled product project using t-shirts.

If you have any t-shirts that are too big, small, ripped or stained; the DT department needs them!

Please send them into Mrs Arnold in the DT department.

*Thank you!*



# NOTICE BOARD

# Save The Date

## THE BANDA BALL

FRIDAY | 23 | JUNE | 2023

# "Fabulous Feathers"

## A BLACK TIE AFFAIR

