



Spirit of The Banda

Friday 10th February 2023

A WORD FROM THE HEADTEACHER

This week's Year 8 parent workshop was run by Dr Bethany Elms and was very well attended and seemed to be much appreciated. Everyone was able to share experiences and ask questions about parenting their teenage children. This was one of a number of workshops we are providing for parents throughout the school.

It has been a pleasure having Penn Kirk in school this week on her annual visit to The Banda. Penn is hugely experienced in her knowledge of the Prep school world. She is a governor of several UK schools, a former Headmistress, an active team inspector and a long, established advisor and friend to The Banda. We are most grateful for Penn's input this week as we head towards a rigorous UK inspection in March.

In her own words...

..."It is hard to believe that this is my 10th visit to The Banda. Each year I see how the School has advanced in terms of its curriculum, passion for learning and strong pastoral care. One thing that has never changed has been the confidence, kindness and enthusiasm of the children. From Rising Stars to Year 8, the importance of sharing, being polite and communicating well have been a driving force within the School. The children enjoy a happy and carefree childhood and are well prepared for what lies ahead."

I wish you all an enjoyable half term.

Ali Francombe



See Week 6 & 7 events overleaf.

Follow us on:

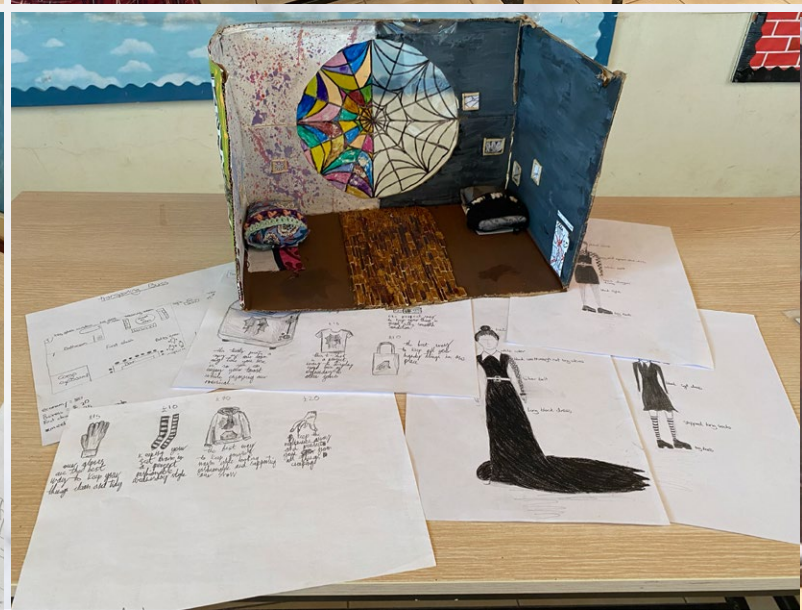
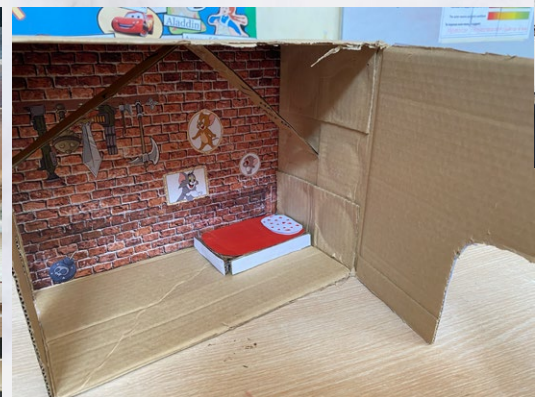


YEAR 8

In Year 8 Performing Arts, pupils learn how many disciplines and skills work together in order to put on a stage production.

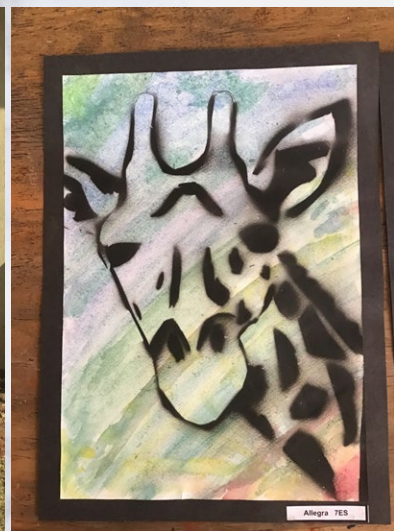
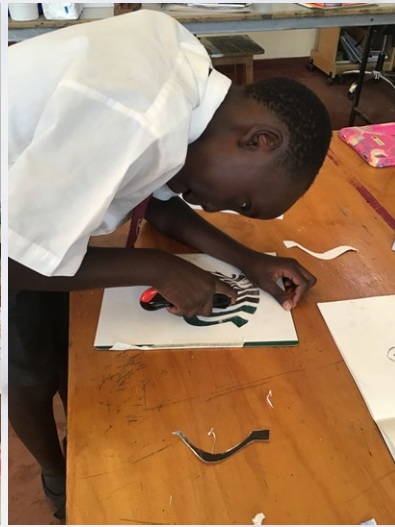
We have been working in production teams to prepare to pitch our idea for a musical production to the 'Broadway Boss' who will hopefully invest millions of dollars in our show so that it can take Broadway by storm.

We have been building miniature stage sets, designing props and costumes, putting together business plans, creating websites, developing merchandise, writing scripts and songs, and so much more. It's been a hive of activity in the Performing Arts room, and after half term we'll pitch our ideas to the 'Broadway Boss'!



YEAR 7

Year 7 children drew great animal prints in Art. They first painted a watercolour background, made stencils then spray painted the design.



YEAR 6

6AA have finished their catapult in DT this week and were able to try it out. We set up a competition to test how high and far the firing arm would fire. This has been a fun project linking in with medieval history.



YEAR 5

In French, Year 5 wrote their own weather reports and presented them to the class! Using a map of France, the children described different types of weather occurring around the country. Félicitations to Year 5 for their hard work and bravery!



In Performing Arts, we have been studying Shakespeare's antagonists and learning how to give the perfect baddy speech (and deliver the most evil villainous laugh). We discussed how an actor playing the antagonist needs to consider their vocal expression and facial/body movements to seem powerful and intimidating when performing an evil soliloquy to the audience.

First, we watched Miss Withill give an example and we gave her some constructive feedback to improve. When she took our advice, we saw her performance improve enormously. Then we had a go at being actors and directors. We watched each other carefully and gave advice on how to make our performances stronger.

Great progress was made (well, everyone became even more villainous) throughout the lesson, and by the end of the session 16 antagonists left the room, cackling maniacally.

Watch out for these villains on the paths of The Banda!



LOWER SCHOOL - HOUSE CAPTAINS



LOWER SCHOOL - DT CLUB

Pupils in the Lower School made separate cities with a railway as their main means of transport.



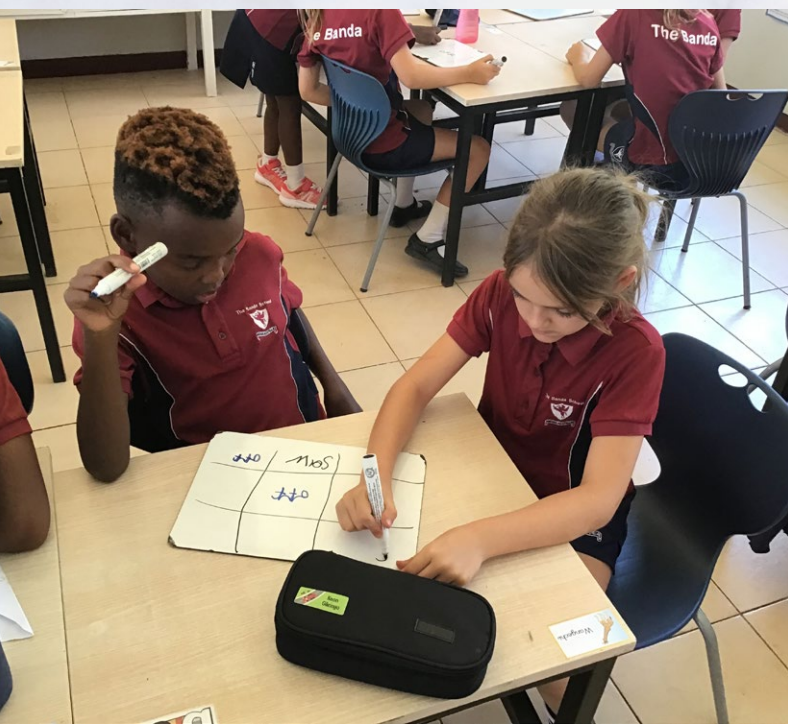
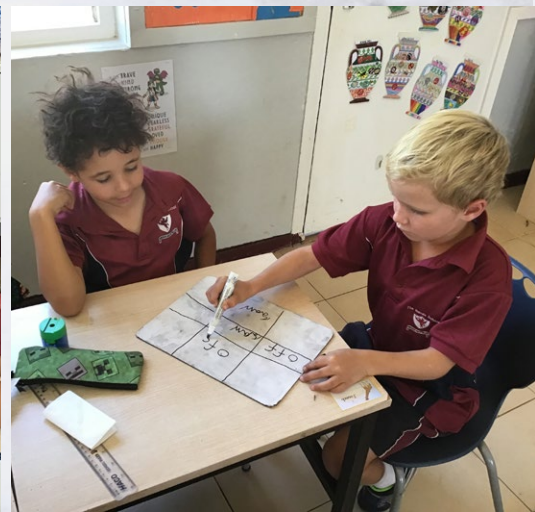
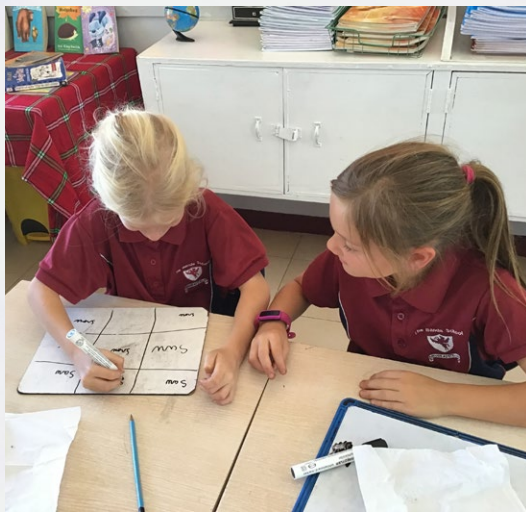
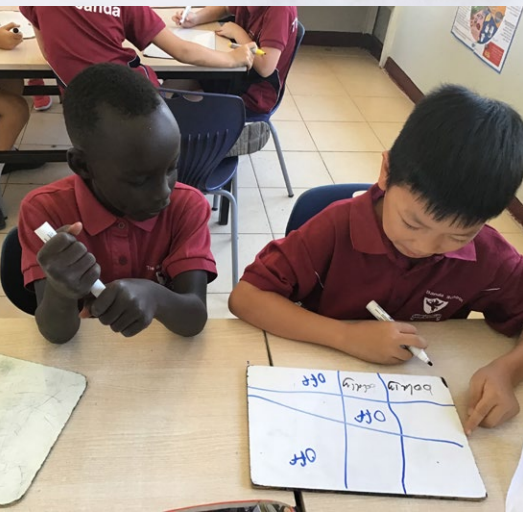
YEAR 4

In Year 4, we are learning about rainforests. This week we have developed our location knowledge using atlases and iPads to do research on Brazil and the Amazon Rainforest. We practised using search engines and discovered that we must use 'kids' in our search so we get age-appropriate information, we must ask before accepting cookies and that the internet will provide more recent population information than an atlas.



YEAR 3

This week in spellings we have been working on learning our words by use of repetition. We played a game of tic-tac-toe. There were some very close games!



YEAR 3

At the start of the school year, 3GD decided to track and record 100 Acts Of Kindness. Here we are celebrating that lovely milestone!



3HF loved decorating masks to help them understand the festival of Purim.



YEAR 2

In Science, we learnt about healthy hearts and how exercise impacts our heart rate. We discussed how exercise makes the heart work harder and is an essential part of a healthy lifestyle. We did various activities to observe and compare the effects of exercise.



During PSHE we went on a guided meditation journey to a garden of dreams and goals, we thought about the feelings and colours around us and then imagined what the birds would look like. We put our refined group work skills to the test, designing and creating a bird fit for a garden of dreams! Hard to believe but the most amazing thing about this task is not the wonderful birds - what really stood out as the pupils worked was the cooperation, independence, creativity and collaboration. Well done Year 2.



ART CLUB

Happy valentines day from Art Club in the style of Kandinsky.



Flamboyant

Adj. means to attract attention for their confidence and skills



The flamboyant rooster strutted away knowing all eyes were on him

Janell

PIC-COLLAGES

The Banda Word Wall



Drenched

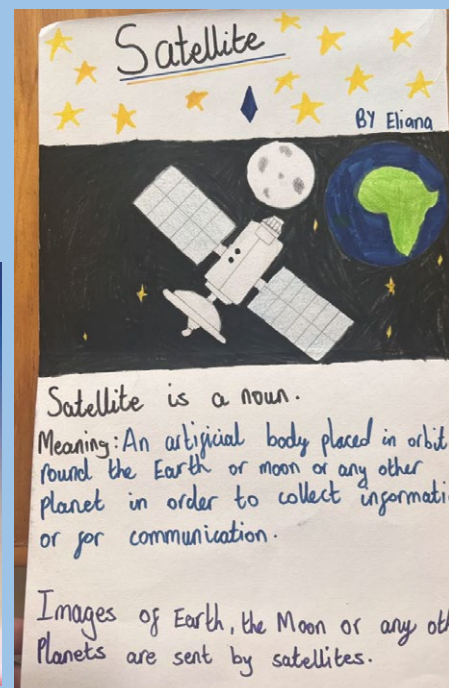
meaning thoroughly wet or soaked

verb



I was drenched to the skin in the tropical rain storm.

Georges Saliba



Awkward

Adjective

Means: embarrassed and uncomfortable

She gave an awkward smile when her mum asked if she finished her homework.

By siliana hindocha

YEAR 1

This week the children continued their exploration of China, its history and its traditions. They learnt about the discovery of the Terracotta Army and made their own Terracotta Warriors from clay. They were also lucky enough to have some parent visitors share insights into the traditions of Chinese New Year, writing and goodluck blessings. Our Art lesson also linked to China with the children creating a Cherry Blossom tree.



PEGASUS EARLY YEARS RECEPTION

In PSED this week we had an exciting topic called 'Flight to the future' where we had conversations that were geared to helping understand the link between what I learn now and the jobs I might like to do when I am older.



We have also been looking at how to add different numbers. We looked at how we could add two numbers together to create a bigger number. We also started looking at length and height. We drew around our foot and then used it around our classroom to see what was longer or shorter than our foot.



NURSERY 2

We had our sports showcase and it was amazing to see how the children threw themselves into all activities with great enthusiasm to show their parents the various skills they have been learning in PE.



NURSERY 1

It was great to see so many parents on Sports morning. The children were very brave as they demonstrated some of the skills they are learning. Take a look at how well we balance and move in different directions.



RISING STARS

We enjoy our nature walks, running around and exploring our amazing school.



WEEK 7**MENU****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****MORNING BREAK**Cookies &
Carrot SticksCheese Straws
FruitBanana Loaf &
Fresh Fruit

Focaccia & Fruit

Home Made
Flapjacks & Fresh
Fruit**LUNCH:****SOUP**Cream of Tomato
Soup
Bread & Butter**MAINS**Spaghetti in
Tomato Sauce
Gluten Free
Pasta & Tomato
SauceHungarian Beef
GoulashChicken &
Vegetables in Pita
Bread

Beef Pie

Crispy Fried Fish in
Batter
Chicken in Batter
(PEY)**VEGGIE**Vegetable
LasagneStir Fry Tofu &
VegetablesFalafel
Pita Bread
GuacamoleVegetable
Crepes with
Cheese SaucePaneer, Peppers &
Cauliflower in
Sweet & Sour
Sauce

Steamed Rice

SIDESSeasonal
Vegetables

Saffron Rice

Gluten Free Pita
Bread
Sautéed CarrotsBaked Beans In
Tomato Sauce
Crunchy CarrotsPotato Wedges
French Beans &
Carrots**DESSERT
MAIN SCHOOL**Fruit Salad &
YogurtBread & Butter
Pudding
Custard
Fresh Fruit

Yogurt & Fresh Fruit

Fresh Fruit
Chocolate
HedgehogsIce Cream &
Fresh Fruit**DESSERT
PEY**Fruit Salad &
Yogurt

Fresh Fruit Platter

Yogurt & Honey
Fresh Fruit

Fresh Fruit Platter

Yogurt & Honey
Fresh Fruit**SALAD BAR** - an assortment of salads are served every Tuesday, Wednesday & Thursday

Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Quinoa, Grated Cheese, Grated Carrots, Couscous, Two Beans Salad, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado

DRESSINGS - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal

ZUCCHINI & CARROT CAKE

Mala's
KITCHEN



Ingredients

- 2 cups all-purpose flour
- 2 teaspoons baking soda
- 2 eggs
- 2 cups each blended carrots & zucchini
- 2 teaspoons ground cinnamon
- ½ teaspoon salt
- ¾ cup vegetable oil
- ½ teaspoon grated nutmeg
- 1¼ cups brown sugar
- 1 teaspoon lemon juice
- ¼ cup raisins

Method

- Combine all of the dry ingredients.
- Beat the eggs with the oil and add to the flour mixture
- Add to this the carrots, zucchini, lemon and raisins
- Pour into 2 greased 8 x 4 loaf pans. Bake at 175°C for about 60 minutes or until a toothpick comes out clean
- Cool in tin for around 15 minutes before turning out to cool on a wire rack

NOTICE BOARD

Dance Centre Kenya presents

Midsummer Night's Dream

Artistic Director: Cooper Rust

Gala Performance
Kenya National Theatre
Saturday, Feb 11th, 2023
6:00 PM Cocktail hour
7:00 PM Performance
Hors d'oeuvres & cocktails
will be served
Tickets: 2500 KES

Performance Times & Days
Kenya National Theatre
Friday, February 10th, 2023
7:00 PM
Saturday, February 11th, 2023
3:00 PM
Sunday, February 12th, 2023
1:00 PM & 4:30 PM

Tickets
1800 KES for Adults
1500 KES for Children
All Seats Reserved

For info & tickets contact:
HARDY POST
E: hardy@dancecentre.co.ke
Tel: 0705725369
LAVINGTON MALL
E: lavington@dancecentre.co.ke
Tel: 0796370937
ROSSLYN RIVIERA
E: rosslyn@dancecentre.co.ke
Tel: 0713930549

Backstage Tours and Titania's Tea
Parties before all 1:00, 3:00, & 4:30 shows



SHERBORNE
GIRLS



SHERBORNE



SHERBORNE SCHOOLS VISIT THE BANDA SCHOOL

Our Heads, Dr Dominic Luckett (Sherborne School) and Dr Ruth Sullivan (Sherborne Girls) will be visiting The Banda School on **Monday 27 February 2023** from **10.00am** and would be delighted to meet parents over refreshments, and to discuss the opportunities available to you at our Schools.

To arrange a 1-1 meeting with either or both Heads, please contact admissions@sherborne.org.

Sherborne Schools will also be hosting **Afternoon Tea at Hemingways** on **Sunday 26 February 2023** from **4.00pm – 6.00pm**. Please RSVP to admissions@sherborne.org if you would like to join us.

sherborne.com

sherborne.org

NOTICE BOARD

Visit of Westonbirt School Head at The Banda School

Tuesday 21 February 2023

11 am to 12.30 pm



Headmistress
Natasha
Dangerfield

About Westonbirt School

The School is one of the UK's leading independent boarding and day schools for girls and boys aged 2 to 19 years old. Housed in a beautiful stately home and located in the Cotswolds, 90 minutes from London Heathrow, the School is set in 210 acres of parklands. Founded as a Church of England School, it retains a spiritual approach for all students, no matter their faith.

It offers:

- Small class sizes, broad curriculum, tailored teaching and wide co-curricular activities
- In the top 5% of schools for value-added, Westonbirt pupils achieve a grade higher than expectations at GCSE
- A Level: 79% A*-B grades achieved in 2022 and 90% of students accepted by their first choice university
- GCSE: 42% of grades achieved in 2022 were at top grades 9-7
- Traditional education with a progressive approach to nurturing students to achieve their potential
- Outstanding sports facilities including a nine-hole golf course, indoor swimming pool and gymnasium
- A diverse and vibrant boarding community, with outstanding pastoral care and weekend activities, that gives boarders a family for life

More information :

Appointments can be booked directly with her, in advance of her visit via email: head@westonbirtschool.uk



westonbirt.org/kenya



WESTONBIRT
— SCHOOL —

NOTICE BOARD



Explore, Experience & Enjoy!



Learn more about our PreK - 12 program on our campus.

Wednesday, February 22, 2023

8:30 - 9:00 a.m.	Arrival & Security Check-in
9.00 - 9.10 a.m.	Karibu to ISK from Director
9:15 - 9:45 a.m.	Divisional Presentations
9:45 - 10:45 a.m.	Campus Tours
11:00 a.m. - 12:00 p.m.	Info Hub

Register by emailing openday@isk.ac.ke by
Monday, February 20, 2023



International School of Kenya
Empowering students to create solutions for tomorrow's challenges



NOTICE BOARD

Save The Date

THE BANDA BALL

FRIDAY | 23 | JUNE | 2023

"Fabulous Feathers"

A BLACK TIE AFFAIR

