



Spirit of The Banda

Friday 27th January 2023

A WORD FROM THE HEADTEACHER

I am very grateful to the members of the PTA who came along to our meeting on Tuesday afternoon and I enjoyed discussing the plans for the various events coming up both this term and next. As ever, the enthusiasm and dedication of this group of parents is much appreciated, and I know they have worked hard to help our new families to integrate into the Banda Community.

Our school photo taken on Wednesday morning involved all pupils from Reception upwards, and it was lovely to bring the whole school together for this event. I thank Jonathan Cooke for all his work this week in managing to capture photos of all our pupils during the course of the past few days.

6AA reminded us of the importance of random acts of kindness during our assembly this morning - we hope to see your children putting this into practice over the course of the weekend!

Ali Francombe



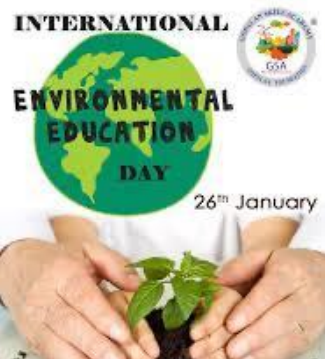
See Week 4 events overleaf.

Follow us on:    



We need your help!

The Planet Warriors are making an eco brick bench and some artworks for our well being area. We need as many eco bricks as possible to achieve this dream! We are appealing for each family to make at least one eco brick over the course of this term. You will be amazed at how much single use plastic you can pack into a bottle!



You can see all the information on how to make an eco brick [here](#)



Collect your single use plastic over the course of a month. Clean it. Dry it. Cut it into small pieces. Stuff these into a plastic bottle. Use a stick to pack it tight. You can fit over 5 kgs into 1 bottle!



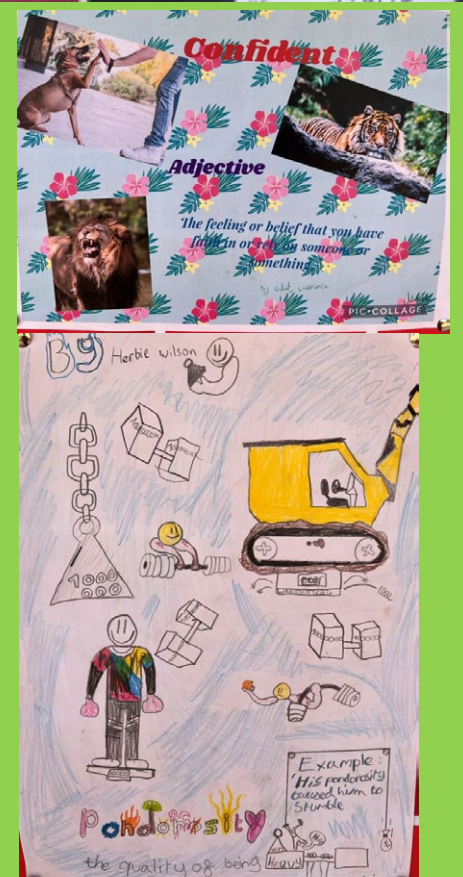
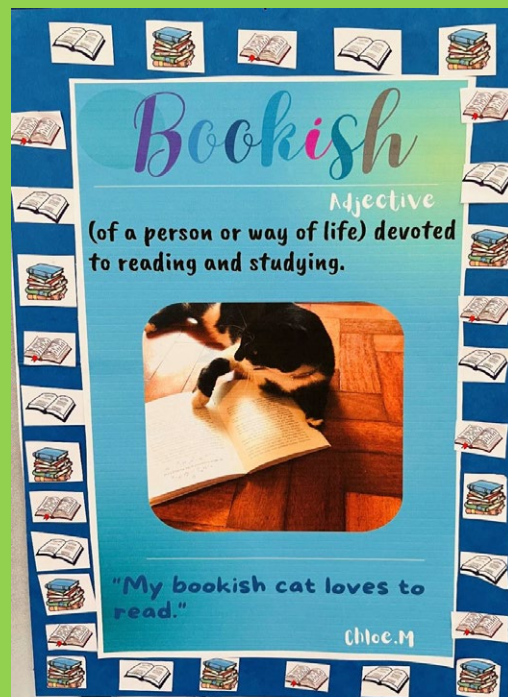
WORD

WALLS



The Banda Word Wall

Well done to Riley, Herbie, Chloe M and Juliet for their words.



PTA

On Thursday we had our new parent coffee morning at Matbronze. It was lovely to meet some new faces! Thank-you to those who attended. - Megan Murphree (PTA Chair).



BEYOND BANDA BORDERS

Last Friday we visited Kimmta as part of our community outreach programme, Beyond Banda Borders. We had a happy, messy time making colourful posters followed by fun, interactive games initiated by our group of pupils who impressed us with their team work and willingness to participate.



HOCKEY V PEMBROKE

Last Saturday The Banda hosted 16 fixtures against Pembroke House, here at home. With over 360 children involved from both schools and many more spectators, there was a festival atmosphere on the sun soaked fields. The girls teams pushed back at 10am with the boys following an hour later. There were a plethora of wonderful individual and collective performances across the morning which gave The Banda 2 losses, 3 draws and 11 wins, on a hugely successful and enjoyable morning of hockey.



CONGRATULATIONS CHANEL

Chanel played in the Capablanca Cup Tournament, a very exclusive event for top Kenyan players. The event was held over the weekend on 21st and 22nd January at the German School of Kenya.

The competition was very tough however, she managed to get 13th place overall and 2nd place in the Under 12 category out of 94 participants. Well done, Chanel.



HOG CHARGE

Last Sunday, 25 teams took part in the 24th Hog Charge at Northlands Ranch next to Peponi School. This annual event raises funds for the Rhino Ark Charitable Trust, via the Rhino Charge, for the protection of forests and water towers in Kenya.

In teams of three or four, 100 children (and some adults) navigated the course and averaged 15km on their bikes. The event ended with the 'gauntlet,' an obstacle course which this year, happily, was full of water. Banda teams came first in 7 events and placed in a further 11 categories.

Well done to all the teams who participated. See you next year!



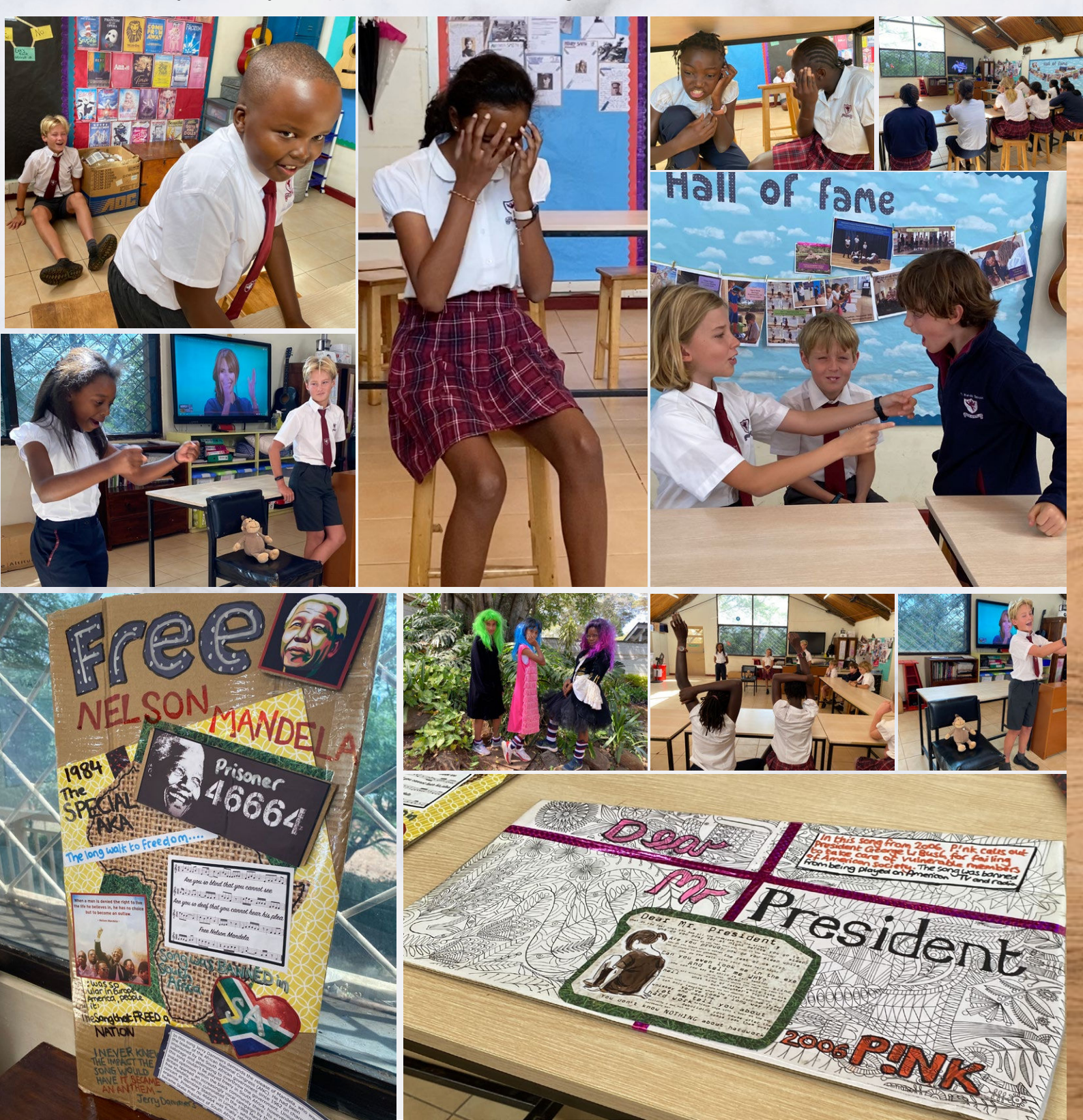
DRAMA AND PERFORMING ARTS

It's been a busy and lively start to the year in Drama and Performing Arts.

Year 5 have been exploring The Globe Theatre and finding out what it was like to be a groundling in the pit; Year 6 have been learning about dramatic improvisation and learning the art of masking while thinking; Year 7 have been examining Protest Songs and have begun creating their own investigative projects; Year 8 have been working as production teams to invent and design their own Broadway Musicals!

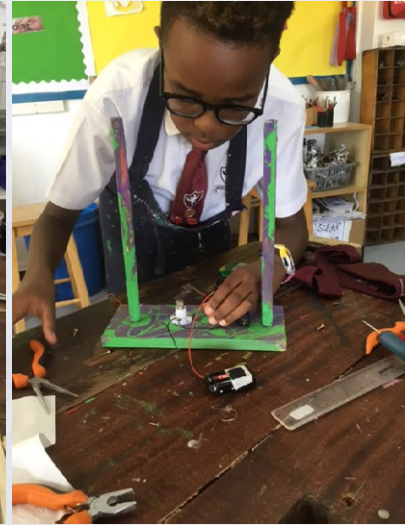
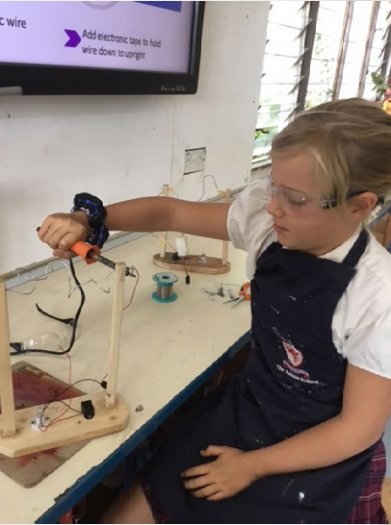
Outside of lesson times, our potential Drama scholars continue to work on their monologue performances, and our wonderful choral and instrumental ensembles are refining their skills, while others continue to work hard in their instrumental and singing lessons.

Just an ordinary January in Upper School Performing Arts!



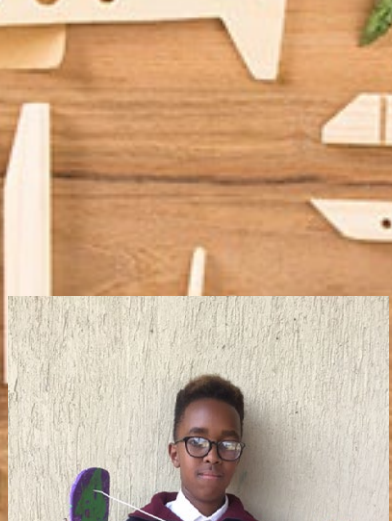
YEAR 7

Year 7 pupils have learnt about how to make circuits for their DT project. They had to connect a buzzer and light. Then they used the soldering iron to connect the circuit.



WOODWORKING CLUB

In Woodwork club in DT we learnt how to use the circular drill to cut a bat and ball game.



YEAR 5, 4 & 3 - MUSIC

Years 5, 4 and 3 had joint music lessons where they explored Brass and Woodwind instruments. It was so much fun trying out the instrument they liked.



LOWER SCHOOL - YEAR 4

This week in History, Year 4 children role played what life was like during World War 2 when children had to carry gas mask boxes around their necks and prepare for black outs. They got into the various roles of teachers, ARP's, children and parents.



YEAR 4

As part of our topic on Sound, here is 4SI making paper telephones and asking themselves: how is sound affected when the string is slack, taut, there is a knot or a closed door in-between? And basically, just having good old-fashioned fun.



The children also managed to finish their Tangram puzzle. It has taken a lot of effort to cut the shapes to the correct size, cutting straight on the lines in order to make sure it still makes a puzzle. The pupils also made a base with butt joints to keep the puzzle pieces in. They were very excited to take their creations home



YEAR 3

In maths we have been using alternative methods to divide. Whether it is sharing or grouping it is all good fun!



Times table triumph! Year 3 have been working really hard on learning their times tables. These children in 3GD all recently achieved their personal targets in learning their times tables.



Year 3 using watercolours to practise their spellings!



YEAR 2

The children enjoy a variety of tasks during their phonics lessons. Playing fishing games, bingo, crossword puzzles or making words using playdough which is always a favourite. These are some ways we revise the spelling words as well as the graphemes learnt.



This week in Humanities we learnt about The Hanging Gardens of Babylon. We created our own versions of these ancient gardens.



YEAR 1

What a fantastic week we have had in Year 1. The highlight was celebrating Chinese New Year in our Humanities lesson with the teachers demonstrating a Prosperity Noodle toss! The higher the noodles the greater the prosperity for the year. The children had a marvellous time practising their fine motor skills using chopsticks and of course, eating noodles!! Gong Xi Fa Cai!



Year 1 and 2 Art Club used recycled materials this week to create this beautiful underwater scene.



PEGASUS EARLY YEARS RECEPTION

This week we had great fun learning how to use weighing scales to compare mass. We also learnt that capacity is the amount a container can hold.



NURSERY 2

We have been looking at number 2. The children collected 2 objects from the environment, represented 2 on a 5 frame as well as having a go at writing it



NURSERY 1

We have been engaging in our sense of smell. We played a 'guess the scent game' to learn how smell works. Take a look at how well our noses can guess the right scent.



RISEING STARS

In Rising Stars, dirt is good. The children enhanced their fine motor and hand-eye coordination as they played in the wet sand.



WEEK 4 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING BREAK

LUNCH: SOUP

MAINS

VEGGIE

SIDES

DESSERT MAIN SCHOOL

DESSERT PEY

Cookies &
Carrot Sticks

Cheese Straws
Fruit

Banana Loaf &
Fresh Fruit

Focaccia & Fruit

Home Made
Flapjacks & Fresh
Fruit

Spaghetti in
Pesto or Tomato
Sauce

Hungarian Beef

Lemon Chicken

Cream of Tomato
Soup

Cottage Pie
Mince in
Bolognaise Sauce
& Rice (PEY)

Chicken Pizza

Vegetable Pilau

Stir Fry Tofu &
Vegetables in
Sweet & Sour
Sauce

Falafel
Pita Bread
Guacamole

Lentil Crock Pot

Margarita Pizza

Crispy Green
Vegetables & Beans
Stir Fry(PEY)

Yoghurt Sauce
Seasonal
Vegetables

Vegetable Rice
Steamed Rice
(PEY)

Gluten Free Pita
Bread
Sautéed Carrots

Mashed Potatoes
Spinach

Brown Rice(PEY)
Baked Beans in
Tomato Sauce
Salads

Fruit Salad &
Biscuit Crumble

Bread & Butter
Pudding
Custard
Fresh Fruit

Yogurt & Fresh Fruit

Fresh Fruit
Chocolate
Hedgehogs

Ice Cream &
Fresh Fruit

Fruit Salad &
Biscuit Crumble

Yogurt &
Fresh Fruit Platter

Yogurt & honey
Fresh Fruit

Fresh Fruit Platter

Fruit Salad & Custard

SALAD BAR - an assortment of salads are served every Tuesday, Wednesday & Thursday

Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Quinoa, Grated Cheese, Grated Carrots, Couscous, Two Beans Salad, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado

DRESSINGS - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal

VANILLA COOKIES

Mala's
KITCHEN



Ingredients

- 2kg All-purpose flour
- 1kg Unsalted butter
- 500g caster sugar
- 500ml warm milk or enough to make the dough
- 1 teaspoon vanilla essence

Method

- Sieve the flour, add sugar and mix well.
- Rub in the butter till the texture is like the crumble
- Add the vanilla essence to the warm milk
- Slowly add the milk into the flour mixture to form the dough
- Roll on a floured board and cut out different shapes with a cookie cutter.
- Bake in medium heat in the oven till golden brown.

NOTICE BOARD



Peponi School Visits The Banda

We welcome parents of pupils in Years 5 to 7
to our Information Evening
at The Banda

**Thursday, 2nd February 2023
from 4:00pm**

Meet our Headmaster and discover more
about life at Peponi School

Complimentary drinks and refreshments will be served
RSVP: registrar@peponischool.org



SHERBORNE
GIRLS



SHERBORNE



SHERBORNE SCHOOLS VISIT THE BANDA SCHOOL

Our Heads, Dr Dominic Luckett (Sherborne School) and Dr Ruth Sullivan (Sherborne Girls) will be visiting The Banda School on **Monday 27 February 2023** from **10.00am** and would be delighted to meet parents over refreshments, and to discuss the opportunities available to you at our Schools.

To arrange a 1-1 meeting with either or both Heads, please contact admissions@sherborne.org.

Sherborne Schools will also be hosting **Afternoon Tea at Hemingways** on **Sunday 26 February 2023** from **4.00pm – 6.00pm**. Please RSVP to admissions@sherborne.org if you would like to join us.

sherborne.com

sherborne.org

NOTICE BOARD



Explore, Experience & Enjoy!



Learn more about our PreK - 12 program on our campus.

Wednesday, February 22, 2023

8:30 - 9:00 a.m.	Arrival & Security Check-in
9.00 - 9.10 a.m.	Karibu to ISK from Director
9:15 - 9:45 a.m.	Divisional Presentations
9:45 - 10:45 a.m.	Campus Tours
11:00 a.m. - 12:00 p.m.	Info Hub

Register by emailing openday@isk.ac.ke by
Monday, February 20, 2023



International School of Kenya
Empowering students to create solutions for tomorrow's challenges



NOTICE BOARD



ST LAWRENCE
COLLEGE

An Independent, Co-educational, Day & Boarding School for boys and girls aged 3-18 years situated in South East England, providing outstanding opportunities for all pupils academically, in sport, and in the arts.



SCHOLARSHIP OPPORTUNITY



SPECIAL AWARD OF 25% OF ANNUAL SCHOOL FEES IS AVAILABLE



One 25% 'all-rounder' scholarship for a pupil showing strong academics and excellence in at least one of our major sports:

Rugby
Hockey
Netball
Cricket



Find out more about life and learning at St Lawrence College:

www.slccuk.com



NOTICE BOARD

ST LAWRENCE COLLEGE SCHOLARSHIP OPPORTUNITIES

SPECIAL 25% AWARD 

St Lawrence College is delighted to offer a new special all-rounder scholarship for pupils based in Kenya who are looking to develop their potential further. St Lawrence College has an enviable reputation in a number of sports, underpinned by exceptional facilities and high calibre coaching and teaching staff. One Scholarship worth 25% of annual school fees will be offered each year to a pupil from Kenya.

WHY CHOOSE ST LAWRENCE COLLEGE?



Our Head, Mr Barney Durrant, grew up in Eastern Africa and attended a boarding school in England from the age of 7. He knows, first-hand, what it is like to board overseas and he is delighted to launch St Lawrence College's first Kenya Scholarship.



St Lawrence College is an historic independent day and boarding school set in the safe environment of 45 acres of beautiful grounds in the fresh seaside air of the Kent coast. Less than two hours away from the main London airports with School minibus transfers available.



A High Performance Learning 'World Class School', one of only 14 schools globally. We believe all children can achieve highly.



Our sporting excellence programme, led by international calibre players and coaches, is delivering county and national level success in hockey, rugby, netball and cricket. In 2020 we were U16 Boys Indoor Hockey National Champions and U18 Girls Tier 2 Hockey National Champions, U15 Natwest Vase semi-finalists at Rugby, and in 2021 were the U18 Girls Cricket National Quarter finalists. 6 of our pupils are currently competing at international level.



The School continues to invest in creating the best facilities for its pupils including a new Science, Art & Design Technology Centre, Theatre and cutting-edge sports facilities.



We are 'a caring community of kindness, positivity and respect' and the pastoral care is exceptional. We also have excellent boarding facilities for pupils from ages 7-18, with all rooms being ensuite.



Saturday School for all pupils. A wide range of evening and weekend activities is provided for boarders and additional events and fun day trips are organised. Exeat weekends are optional.



St Lawrence College welcomes pupils from all around the world. It is a diverse and cosmopolitan school, with an emphasis on tolerance, understanding, empathy and emotional intelligence.

**FOR MORE INFORMATION AND TO REGISTER YOUR INTEREST,
PLEASE CONTACT OUR ADMISSIONS TEAM:**

E: ADMISSIONS@SLCUK.COM

T: +44 (0)1843 572 931 | TO SEE MORE, VISIT US ONLINE: WWW.SLCUK.COM



**ST LAWRENCE
COLLEGE**