



Spirit of The Banda

Friday 20th January 2023

A WORD FROM THE HEADTEACHER

It was good to welcome many of you to Monday's Year 5 Maths Workshop and yesterday's Future Schools Talk in which Richard Foster gave further insight into secondary schooling in the UK. Richard's website can be accessed on www.fandf.education and his email contact address is: Richard@fandf.education should any families require further guidance and support with regards to the selection of schools in the UK.

Next week class and school photographs will be taken. I reminded children in assembly this morning, but everyone should ensure that they have their full school uniform available every day. This will allow for flexibility throughout the week.

The Year 8 Prefects led our assembly this morning and reminded us all of our school aims, which have been adapted by the children and underpin all that we do:

- B** - Building (knowledge, resilience, relationships)
- A** - Acceptance (of myself & of others)
- N** - Nurturing (ourselves, others, our talents)
- D** - Dreams (dream big, aim high)
- A** - Appreciation (of myself, of others, of our environment)

I wish all of the hockey teams the very best tomorrow as they compete against Pembroke here at The Banda, as well as all of the teams competing in Sunday's Hog Charge.

Ali Francombe



See Week 3 events overleaf.

Follow us on:    

The Banda Word Wall



Guffaw

Guffaw means a loud and hearty laugh
And it is a verb

She guffawed when her mum tickled her

PIC•COLLAGE



By kayleigh

Jamboree

It is a noun

a large, festive gathering

I went to a jamboree at Tiwi with my friends

PIC•COLLAGE

Skittish means lively and excitable.



Like when a horse jumps at every thing that spooks him.

Skittish

By jessica sweetnam

PIC•COLLAGE

Well done to Kayleigh, Talia Jessica and Freya for their words.



Densely

Adverb

Densely means closely packed together

The sun barely shone through the densely packed forest.

PIC•COLLAGE

WORD

WALLS



Can you help? We are looking for students who love words and want to develop their vocabulary! Illustrate a word of your choice, using any medium. Describe the meaning of the word and use it in a sentence.

Email your poster to a.daykin@bandaschool.com for a chance to appear on our word wall, to earn stars and much more

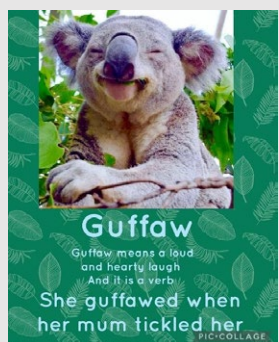
The Banda School Word Wall

There is also a QR code that Upper School students can use to add their posters to the Google Doc! Lower School students, you can send them to me or give your printed poster to your class teacher!



drenched

Like when you've had a bucket of water thrown over you



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YEAR 8

Year 8 children got fully involved in learning how to make a finger joint in wood in DT. They had the choice of using a hand saw or trying out the scroll saw, which they enjoyed. Christopher in 8GR measured his finger joints very accurately and the wood fitted first time!



YEAR 7

The children learnt how to shape a circular piece of wood into a peg using a rasp file.



YEAR 6

In Science, Year 6 children used litmus paper to test if a substance was acid or alkali.



They were also doing expressive paintings of music, in Art. The children were challenged to paint 'Klaus Badelt's "He's a Pirate"', Puccini's "Sono andati?" and George Ezra's "Pretty Shining People". They had to use colour and line to express the moods in the various songs.



YEAR 5

Shields at the ready, soldiers at the ready....let the battle commence! Year 5 pupils at The Banda are currently gearing up for the biggest moment of the year so far, the re-enactment of the Battle of Hastings. Prior to Christmas the pupils worked extremely hard at learning about the battle and are now ready to engage with the now time honoured Banda tradition of the re-enactment. Over the Christmas break great work was done on designing shields and next week the battle will take place. Will the result be the same as 1066? Will there be a new winner? Or will it fall out to a bore draw?



Year 5 experimenting with Hundertwasser's technique in oil pastel during their Art lessons.



LOWER SCHOOL - YEAR 4

Year 4 have been looking at sound this week. We explored how sound travels through solids, liquids and gases and used tuning forks and a metal slinky to create visual demonstrations of how sound travels. We then created paper cup telephones and discussed how and why these work.



Year 4 have started a new topic in Literacy - 'Imaginary Worlds'. The pupils have developed these vivid similes using images of dragons from the movie, How to Catch a Dragon.

Stormcutter's tail is like a hot air balloon crashing out of control - *Mariella*

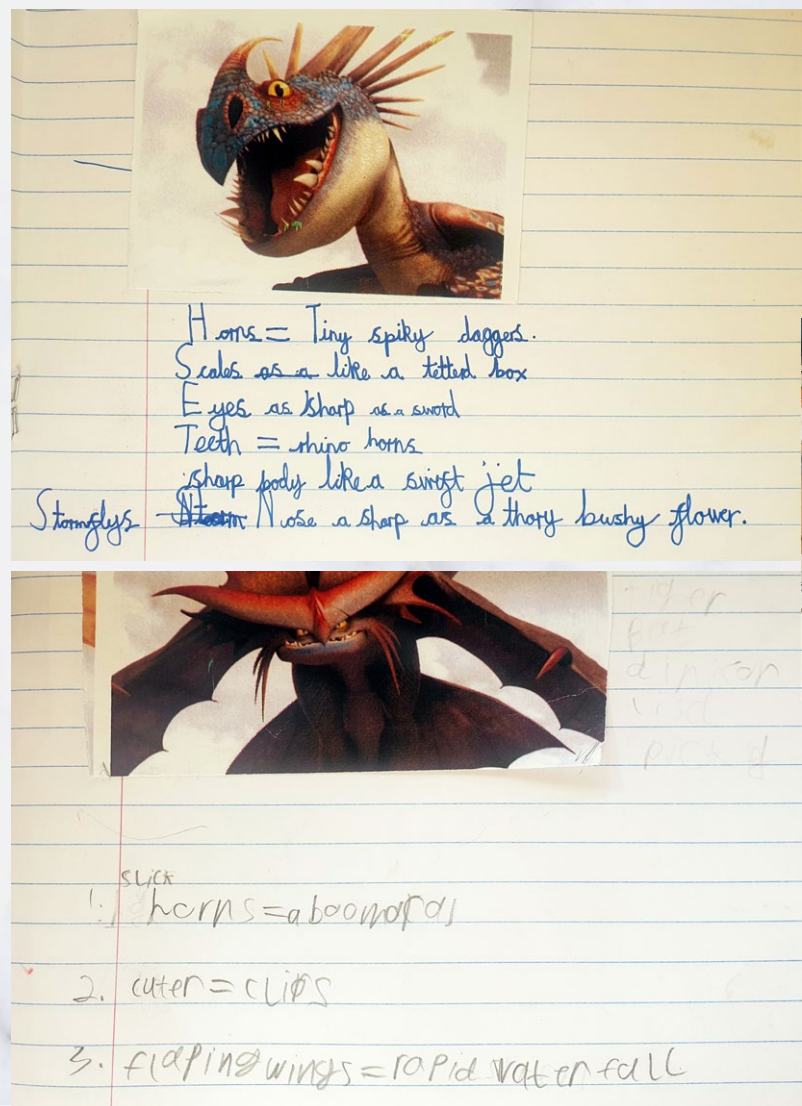
Stormfly's blue scales are like a blue ringed octopus - *Mwendwa*

Stormcutters tail is as long as the Golden Gate Bridge - *Abdulatif*

The Fire Queen's glowing eyes are like a lava lamp in the midnight sky - *Isla*

Stormcutters flapping wings are as rapid as a waterfall - *Hamish*

Stormcutter's face is like mum when when she is mad - *Arian*



Year 4 are learning about feathers and their different shapes. This week, they drew and painted them using watercolour paints.



YEAR 3

A real variety of learning going on in Year 3! Atlases, chalk outside for spelling practice and a giant map of the continents for all to enjoy. No one was quite tall enough to reach Europe but some of the class did try...



YEAR 2

In Science we learnt about the stages of chick development in an egg for our new topic 'Animals, including Humans'. We looked inside 21 model eggs to see the various changes that happen over this 3 week period.



In French, Year 2 were learning about animals and their names in French. The children labelled and drew their own pictures of common animals. See if you can recognise any French names for animals!



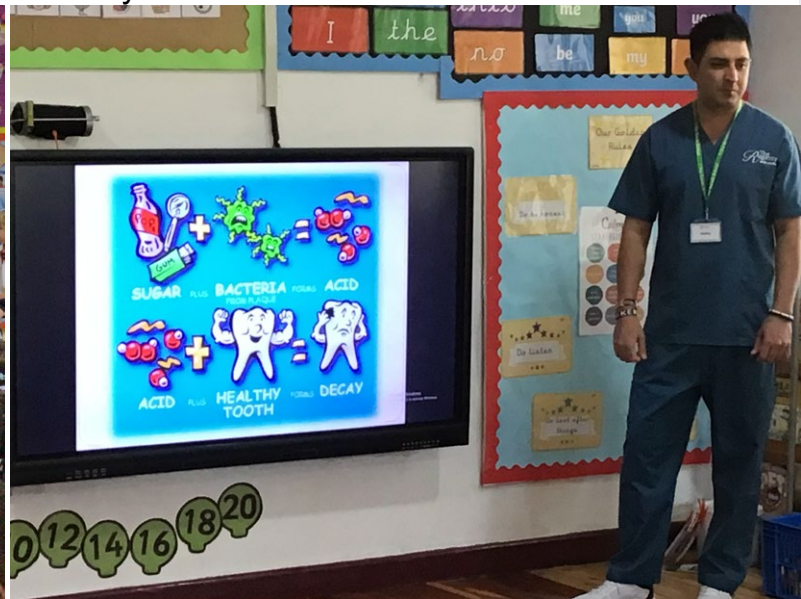
YEAR 1

Year 1 are having fun learning about China. This week in Humanities they all worked hard as a team to build their own model of the Great Wall of China. In Art, they made Chinese flower vases, added patterns on them and made flowers from coloured tissue paper.



PEGASUS EARLY YEARS RECEPTION

The children in Reception enjoyed a visit from a local dentist from Regency Dental Practice on Thursday. He talked to the children about the importance of brushing our teeth at least twice a day. He explained when we should change our toothbrush and how cleaning our teeth should be the last things we do before bed and the last thing we do before coming to school. He reminded the children that sweet treats should be just a treat; a little and not too often. He encouraged the children to visit a dentist every 6 months and although it is important they start brushing their teeth independently, parents should always do a final brush.



NURSERY 2

We had a terrific time developing our language as we moulded, dug, patted, stamped and poked the wet sand. We strengthened our fine motor muscles when using the shovels and rakes and building castles. Our hand-eye coordination skills developed as we scooped and poured sand to fill the pots.



NURSERY 1

This week we have been exploring our sense of taste. The children have been interested to experiment with what their tongue can do. They brought in their favourite toothpaste and a toothbrush to learn how to independently brush their teeth. Sister Tania demonstrated how they could stick their tongue out and clean it.



RISING STARS

Rising Stars doing what they do best - Exploring!



WEEK 3 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING BREAK

LUNCH:

SOUP

MAINS

VEGGIE

SIDES

DESSERT MAIN SCHOOL

DESSERT PEY

Honey Drop Scones & Fresh Fruit	Carrot & Zucchini Cake & Fresh Fruit	Homemade Cookies & Fresh Fruit	Flapjacks & Fresh Fruit	Cheese or Honey Sandwiches & Fresh Fruit
			Cream of Carrot Soup	
Chicken & Peppers in Salsa Bake	Meat Pie	Sweet & Sour Chicken	Macaroni Cheese Pasta in Pesto Sauce	Homemade Fish Goujons Chicken Goujons (PEY)
Red Lentil Crock Pot	Beans & Cheese Pie	Sweet & Sour Cauliflower and Tofu	Vegetable Pilau	Vegetable Cutlets
Crunchy Vegetables Brown Rice Grated Cheese	Spinach Roast Potatoes Gravy	Brown Rice Carrots & Broccoli	Corn & Peas Kachumbari Yogurt Sauce	Chips French Beans & Carrots
Yogurt & Fresh Fruit	Ice Cream & Fruit	Pineapple Crumble & Custard	Fresh Fruit Platter	Fresh Fruit Platter
Yogurt & Honey Fresh Fruit	Yogurt & Fresh Fruit	Pineapple Crumble & Custard	Fresh Fruit Platter	Fresh Fruit Platter

SALAD BAR - an assortment of salads are served every Tuesday, Wednesday & Thursday

Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Quinoa, Grated Cheese, Grated Carrots, Couscous, Two Beans Salad, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado

DRESSINGS - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal

FLAPJACKS

Mala's
KITCHEN



Ingredients

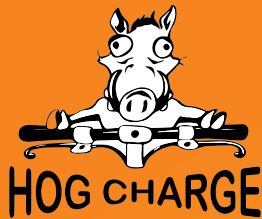
- 16 tablespoons self-rising flour
- 14 tablespoons brown sugar
- ½ kg rolled oats
- 5 tablespoons raisins or sultanas
- ½ kg margarine or butter
- 12 tablespoons golden syrup

Method

- Lightly grease a nonstick square baking tin.
- Place the flour, sugar, oats, and raisins in a large bowl and stir to mix well.
- Place the margarine and golden syrup in a small saucepan and heat gently stirring until the margarine has melted.
- Pour this into the oat mixture and stir to mix well.
- Spoon the mixture into the prepared tin, pressing it down firmly to make an even layer.
- Remove from the oven and while still hot, carefully cut mixture into squares. Leave to cool before removing the flapjacks from the tin.

Cooking time 20 to 30 minutes.

NOTICE BOARD



24th Edition of **THE HOG CHARGE**

21ST - 22ND JANUARY 2023

VENUE: PEPONI SCHOOL, NORTHLANDS RANCH



**ENTRIES OF TEAMS OF 4 CYCLISTS IN THE FOLLOWING CATEGORIES:
UNDER 12, UNDER 14, OPEN AND FAMILY**

ONLINE VIA THE FOLLOWING LINK: WWW.PEPONISCHOOL.ORG/HOG-CHARGE

**DEADLINE FOR ENTRIES
4PM SATURDAY, JANUARY 14TH. 2023**

The Hog Charge is a fund-raising event for the conservation of the Water Towers of Kenya. The conservation activities are implemented by Rhino Ark, a charitable trusts that develops sustainable solutions to the challenges facing mountain forests ecosystems and threatened biodiversity areas, through public-private partnerships.

Our successes in conservation are thanks to your continual support



NOTICE BOARD



SHERBORNE
GIRLS 

SHERBORNE 

SHERBORNE SCHOOLS VISIT THE BANDA SCHOOL

Our Heads, Dr Dominic Lockett (Sherborne School) and Dr Ruth Sullivan (Sherborne Girls) will be visiting The Banda School on **Monday 27 February 2023** from **10.00am** and would be delighted to meet parents over refreshments, and to discuss the opportunities available to you at our Schools.

To arrange a 1-1 meeting with either or both Heads, please contact admissions@sherborne.org.

Sherborne Schools will also be hosting **Afternoon Tea** at Hemingways on **Sunday 26 February 2023** from **4.00pm – 6.00pm**. Please RSVP to admissions@sherborne.org if you would like to join us.

sherborne.com

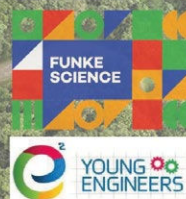
sherborne.org

DISCOVERY

FESTIVAL OF CREATIVITY & EXPLORATION



PLANETARIUM SCIENCE FOOD NATURE
ART ENGINEERING CRAFTS STORYTELLING



SUNDAY 29TH JANUARY 2023
BRACKENHURST
10AM - 4PM

800 KES FOR ADULTS
500 KES FOR KIDS
FREE FOR UNDER 2

CONTACT - 0790 357 313