



The Banda School

MENU

WEEK TWO
26th – 30th April 2010

MONDAY 26th

Oat Biscuits

Bhajias / Fruit

Chicken Noodles
Sweet & Sour Sauce
Bread & Butter Pudding

Pineapple

Afternoon Break for children: Carrot Sticks
Vegetable Noodles

TUESDAY 27th

Banana Loaf

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Chilli Corn Carne
Saffron Rice & Crunchy Carrots
Sweet Bananas

Oranges

Afternoon Break for children: Oranges
Bean & Corn Carne

WEDNESDAY 28th

Chocolate Doughnuts

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Fish Fingers
Lyonnaisse Potatoes / Mixed Vegetables
Vanilla Yoghurt

Cheese Scones

Afternoon Break for children: Cookies
Paneer Cutlets

THURSDAY 29th

Tomato & Cucumber Sandwiches

Chicken Rolls

Macaroni Cheese Bake
Baked Beans in Tomato Sauce & Coleslaw
Jelly & Custard

Watermelon

Afternoon Break for children: Watermelon
Same

FRIDAY 30th

Cheese Snips

Egg Sandwiches

Beef Stew in Tomatoes
Chapati & Sukuma
Chocolate Hedgehogs

Cake

Afternoon Break for children: Cake
Mixed Bean Stew

A variety of salads are available every day on the salad bar which includes:

Lettuce, Tomato, Cucumber, Sweet corn, Pineapple, Carrots, Red Cabbage, Beetroot, Chick Peas, Butter Beans, Rice, Pasta, Potato, Garden Peas, Cauliflower, Broccoli, Avocado, Honey Vinaigrette, Garlic Sauce, Cocktail Sauce, Mint Sauce, Yoghurt Sauce, etc....