



# The Banda School

## MENU

WEEK ELEVEN  
28<sup>th</sup> June – 2<sup>nd</sup> July 2010

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### MONDAY 28<sup>th</sup>

Honey

Egg Sandwiches

Beef in Tomato Sauce  
Chapati & Crunchy Cabbage  
Ice Cream

Sweet Bananas

**Afternoon Break for children:** Sweet Bananas

Chana Daal

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### TUESDAY 29<sup>th</sup>

Cake

Pound Cake

Welsh Rarebit  
Potato Wedges & Baked Beans in Tomato Sauce  
Vanilla Yoghurt

Crisps & Dip

**Afternoon Break for children:** Carrot Sticks

Same

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### WEDNESDAY 30<sup>th</sup>

Donuts

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Spaghetti Bolognese  
Salads  
Fruit Salad

Flapjacks

**Afternoon Break for children:** Biscuits

Vegetable Bolognese

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### THURSDAY 1<sup>st</sup>

Tomato Sandwiches

Polony Sandwiches

Fish Gujons  
Lyonnaise Potatoes & French Beans  
Cake & Custard

Oranges

**Afternoon Break for children:** Oranges

Daal Bhajia & Chutney

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### FRIDAY 2<sup>nd</sup>

Drop Scones

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Vienna Casserole  
Rice & Garden Peas sautéed in Garlic  
Pineapple

Cookies

**Afternoon Break for children:** Cookies

Mixed Bean Casserole

**A variety of salads are available every day on the salad bar which includes:**

Lettuce, Tomato, Cucumber, Sweet corn, Pineapple, Carrots, Red Cabbage, Beetroot, Chick Peas, Butter Beans, Rice, Pasta, Potato, Garden Peas, Cauliflower, Broccoli, Avocado, Honey Vinaigrette, Garlic Sauce, Cocktail Sauce, Mint Sauce, Yoghurt Sauce, etc....